

Praying the Holy Rosary Together: Luminous Mysteries

This resource supports staff and students to pray just one decade of the Holy Rosary at a time. The tangible feeling of praying with Rosary Beads, the simple prayers and scripture stories and the way the prayers engage all those in the group, provides a beautiful, meaningful formational faith experience for young and old.



Begin with the **Sign of the Cross** and pray:

- A) **“Our Father”** at the beginning of the Mystery – hold the bead that’s by itself before the decade of beads

All: Our Father, who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen

- B) **Scripture** and **prayers**, hold each bead in the **decade**:

- 1) A leader reads the **Scripture** quote
- 2) All wait for a **spontaneous prayer** of the faithful from anyone in the room:

Prayer: “We pray for...” “Lord, hear us”

All: “Lord, hear our prayer”

- 3) **Hail Mary.** One half of the group **prays the first part** and the other half **prays the second part.**

First Half: Hail Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.

Second Half: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



- C) All pray the **“Glory be to the Father”** at the end of the Mystery (or set of 10 beads on your Rosary Beads), holding the next bead.

All: Glory be to the Father and to the Son and to the Holy Spirit; As it was in the beginning, is now and ever shall be, world without end. Amen.

The Five Luminous Mysteries are:

First: The Baptism in the Jordan

Second: The Wedding at Cana

Third: The Proclamation of the Kingdom

Fourth: The Transfiguration of our Lord

Fifth: The Last Supper

The Baptism in the Jordan

Sign of the Cross

Our Father

Leader:

1. [John the Baptist] said, "I am the voice of one crying in the wilderness, 'Make straight the way of the Lord,' as the prophet Isaiah said." (Jn 1:23)

Spontaneous Prayer

Hail Mary

Leader:

2. And [John] preached, saying, "After me comes he who is mightier than I, the thong of whose sandals I am not worthy to stoop down and untie." (Mk 1:7)

...

3. "I baptize you with water for repentance, but he who is coming after me . . . will baptize you with the Holy Spirit and with fire." (Mt 3:11)

...

4. [John] saw Jesus coming toward him, and said, "Behold, the Lamb of God, who takes away the sin of the world!" (Jn 1:29)

...

5. Then Jesus came from Galilee to the Jordan to John, to be baptized by him. (Mt 3:13)

...

6. John would have prevented him, saying, "I need to be baptized by you, and do you come to me?" (Mt 3:14)

...

7. But Jesus answered him, "Let it be so now, for thus it is fitting for us to fulfill all righteousness." Then [John] consented. (Mt 3:15)

...

8. And when Jesus was baptized, he went up immediately from the water, and behold, the heavens were opened, and he saw the Spirit of God descending like a dove and alighting on him. (Mt 3:16)

...

9. And behold, a voice from heaven, saying, "This is my beloved Son, with whom I am well pleased." (Mt 3:17)

...

10. The Spirit immediately drove him out into the wilderness, and he was in the wilderness forty days, tempted by Satan. (Mk 1:12-13)

...

Glory Be

What does this prayer and scripture mean for you today?



The Wedding at Cana

Sign of the Cross

Our Father

Leader:

1. There was a marriage at Cana in Galilee, and the mother of Jesus was there. (Jn 2:1)

Spontaneous Prayer

Hail Mary

Leader:

2. When the wine failed, the mother of Jesus said to him, "They have no wine." (Jn 2:3)

...

3. And Jesus said to her, "O woman, what have you to do with me? My hour has not yet come." (Jn 2:4)

...

4. His mother said to the servers, "Do whatever he tells you." (Jn 2:5)

...

5. Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. (Jn 2:6)

...

6. Jesus said to them, "Fill the jars with water." And they filled them to the brim. (Jn 2:7)

...

7. He said to them, "Now draw some out, and take it to the steward of the feast." (Jn 2:8)

...

8. When the steward of the feast tasted the water now become wine, and did not know where it came from, . . . the steward of the feast called the bridegroom. (Jn 2:9)

...

9. And [the steward of the feast] said to [the bridegroom], "Every man serves the good wine first; and when men have drunk freely, then the poor wine; but you have kept the good wine until now." (Jn 2:10)

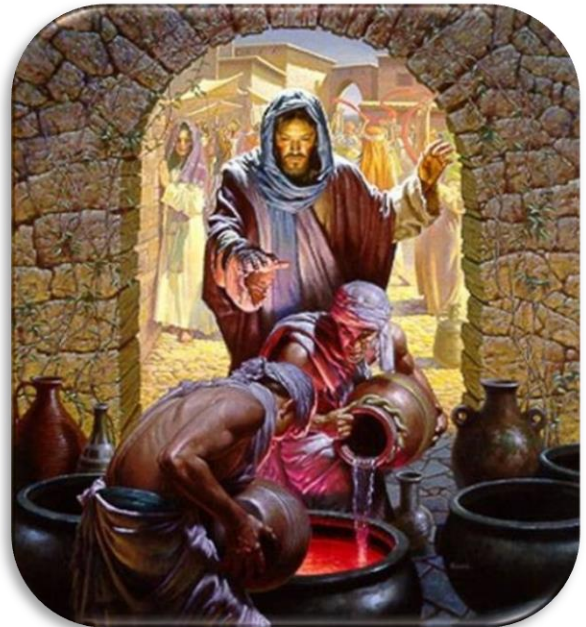
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10. This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory, and his disciples believed in him. (Jn 2:11)

...

Glory Be

What does this prayer and scripture mean for you today?



The Proclamation of the Kingdom

Sign of the Cross

Our Father

Leader:

1. Now after John was arrested, Jesus came into Galilee, preaching the gospel of God (Mk 1:14)

Spontaneous Prayer

Hail Mary

Leader:

2. In him was life, and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it. (Jn 1:4-5)

...

3. [Jesus said], "The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel." (Mk 1:15)

...

4. And many were gathered together, so that there was no longer room for them . . . and he was preaching the word to them. (Mk 2:2)

...

5. And when they could not get near [Jesus] because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. (Mk 2:4)

...

6. "Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, pick up your pallet and walk?'" (Mk 2:9)

...

7. "But that you may know that the Son of man has authority on earth to forgive sins," he said to the paralytic, "I say to you, rise, take up your pallet and go home." (Mk 2:10-11)

...

8. And [Jesus] called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity. (Mt 10:1)

...

9. These Twelve Jesus sent out charging them to preach, "The kingdom of heaven is at hand." (cf. Mt 10:5 & 7)

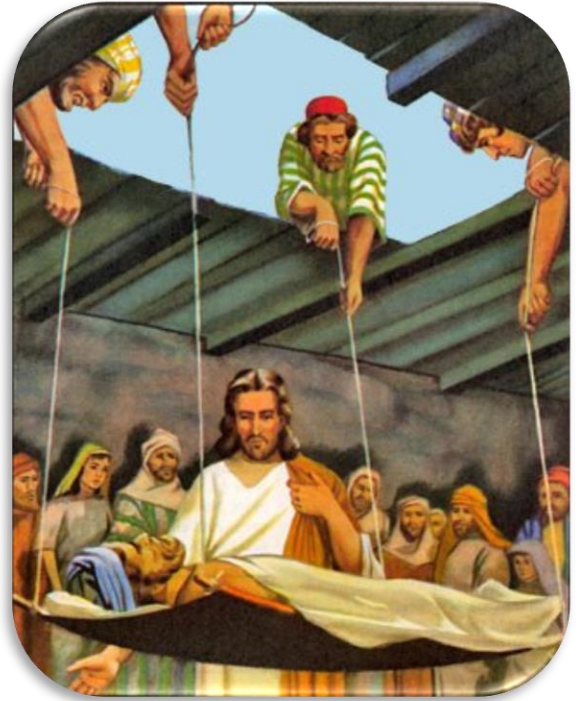
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10. And when [Jesus] had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." (Jn 20:22-23)

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Glory Be

What does this prayer and scripture mean for you today?



The Transfiguration of our Lord

Sign of the Cross

Our Father

Leader:

1. Now about eight days after these saying [Jesus] took with him Peter and John and James, and went up on the mountain to pray. (Lk 9:28)

Spontaneous Prayer

Hail Mary

Leader:

2. And [Jesus] was transfigured before them, and his face shone like the sun, and his garments became white as light (Mt 17:2)

...

3. And behold, there appeared to them Moses and Elijah, talking with him (Mt 17:3)

...

4. [Moses and Elijah] . . . spoke of [Jesus'] exodus that he was to accomplish in Jerusalem. (Lk 9:31)

...

5. And Peter said to Jesus, "Lord, it is well that we are here; if you wish, I will make three booths here, one for you, one for Moses, and one for Elijah." (Mt 17:4)

...

6. As [Peter] said this, a cloud came and overshadowed them; and they were afraid as they entered the cloud. (Lk 9:34)

...

7. And a voice came out of the cloud, "This is my Son, my Chosen; listen to him!" (Lk 9:35)

...

8. And suddenly looking around they no longer saw any one with them but Jesus only. (Mk 9:8)

...

9. And as they were coming down the mountain, [Jesus] charged them to tell no one what they had seen, until the Son of man should have risen from the dead. (Mk 9:9)

...

10. So they kept the matter to themselves, questioning what the rising from the dead meant. (Mk 9:10)

...

Glory Be

What does this prayer and scripture mean for you today?



The Last Supper

Sign of the Cross

Our Father

Leader:

1. Now on the first day of Unleavened Bread, the disciples came to Jesus, saying, "Where will you have us prepare for you to eat the Passover?" (Mt 26:17)

Spontaneous Prayer

Hail Mary

Leader:

2. [Jesus] said, "Go into the city to a such a one, and say to him, 'The Teacher says, My time is at hand; I will keep the Passover at your house with my disciples.'" (Mt 26:18)

...

3. And when the hour came, he sat at table, and the apostles with him. And he said to them, "I have earnestly desired to eat this Passover with you before I suffer." (Lk 22:14-15)

...

4. And as they were eating, he said, "Truly, I say to you, one of you will betray me." (Mt 26:21)

...

5. Judas, who betrayed him, said, "Is it I, Master?" (Mt 26:25)

...

6. Now as they were eating, Jesus took bread, and blessed, and broke it, and gave it to the disciples and said, "Take, eat; this is my body." (Mt 26:26)

...

7. And he took a chalice, and when he had given thanks he gave it to them, saying, "Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins." (Mt 26:27-28)

...

8. For as often as you eat this bread and drink the chalice, you proclaim the Lord's death until he comes. (1 Cor 11:26)

...

9. "I am the living bread which comes down from heaven; if any one eats of this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh." (Jn 6:51)

...

10. "He who eats my flesh and drinks my blood has eternal life, and I will raise him at the last day." (Jn 6:54)

...

Glory Be

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